

# QUARTERLY NEWSLETTER

JANUARY-MARCH 2025 VOL 29, NO. 1

#### UoS VC Honored at the Vice Chancellors' Conference

Prof. Dr. Qaisar Abbas, attended the Vice Chancellors' Conference organized by the Punjab Higher Education Commission (PHEC), Lahore. The event brought together Vice Chancellors from universities across the province to deliberate on key issues related to higher education, academic excellence, quality assurance, and institutional development.

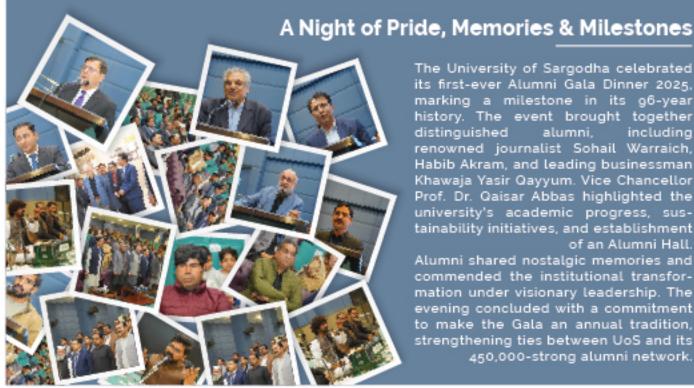
A major highlight of the conference was a presentation on "Financial Management in Higher Education Institutions," which outlined best practices and innovative strategies for ensuring financial sustainability and effective resource utilization. The session encouraged constructive dialogue among participants, fostering knowledge-sharing and institutional collaboration.

The conference was aimed at strengthening partnerships among higher education leaders, reaffirming their shared commitment to advancing academic quality, promoting good governance, and building stronger institutions across Punjab.

On the occasion, Prof. Dr. Qaisar Abbas was also presented with a certificate of participation, recognizing his valuable contribution to the conference.







The University of Sargodha celebrated its first-ever Alumni Gala Dinner 2025, marking a milestone in its g6-year history. The event brought together distinguished renowned journalist Sohail Warraich, Habib Akram, and leading businessman Khawaja Yasir Qayyum. Vice Chancellor Prof. Dr. Qaisar Abbas highlighted the university's academic progress, sus-tainability initiatives, and establishment of an Alumni Hall.

Alumni shared nostalgic memories and commended the institutional transformation under visionary leadership. The evening concluded with a commitment to make the Gala an annual tradition, strengthening ties between UoS and its 450,000-strong alumni network.



# جنوري تامارچ٢٠٢٥ حبلد:٢٩ شمساره: ١

# یو نیور سٹی آن۔ سسر گو دھامسیں 2.6میگاواٹ کے سولر انرجی پر اجیکٹس کی پنجیل

توانائی کی بڑھتی ہوئی ضرور بات اور ماحول دوست سرین انرجی کی اہمیت کو مد نظرر کھتے ہوئے یو نیور سٹی آف سر گو دھانے مین کیمیس، علامہ اقبال کیمیس اور کالج آف ایگر کیکچر میں 2.6 میگا واٹ کے تبین سولر از جی پراجیکٹس مکمل کر لیے ہیں۔اس شاندار کامیابی کے بعد یونیورٹی آف سر گودھاوہ پہلی پبلک سکٹر یونیورٹی بن گئی ہے جس نے اپنے وسائل سے تمام کیمیسز کو همسی توانائی پر منتقل کرو ہاہے۔

اس موقع پر وائس چانسلر پروفیسر ڈاکٹر قیصر عباس کی زیر صدارت ایک تقریب سمینی روم میں منعقد ہوئی، جس میں پرو وائس جانسلر و کنویتر سولرائزیشن پروفیسر ڈاکٹر میاں غلام پاسین، سمینی کے اراکین اور انتظامی افسران نے شرکت کی۔ پر وواکس چانسکرنے بتایا کہ یہ منصوبہ مارچ 2024 میں دو نجی کمپنیوں کے ساتھ معاہدے کے بعد قلیل مدت میں کھمل کیا گیا۔

پروفیسر ڈاکٹر میاں غلام یاسین نے کہا کہ اس پراجیکٹ کی پیجیل وائس جانسلر ئے وژن اور قیم کی شب وروز محنت کا متیجہ ہے۔انہوں نے مزید کہا کہ محرین ارجی کے فروغ سے نہ صرف ماحولیاتی مسائل پر قابو پایا جاسکے گا بلکہ آئندہ نسلوں کے لیے پائیدار توانائی کا نظام تھی تھکیل پائے گا۔اس منصوبے کے ذریعے یونیورٹی نے بجلی کی تھیت میں کمی، خطیر اخراجات کی بجت اور سب ہے بردھ کر ماحول دوست توانائی کے فروغ کو یقینی بنایاہے۔

وائس چانسلر پروفیسر ڈاکٹر قیصر عباس نے کنوینئر پروفیسر ڈاکٹر میال غلام یاسین اور ان کی قیم کو خراج محسین پیش کرتے ہوئے کہا کہ یہ منصوبہ تحکومت ماکستان کی بچکی بھاؤ مہم کی جانب ایک غیر معمولی قدم ہے۔انہوں نے کہا کہ یونیورٹی آف سر گود طااس منصوبے کے ذریعے بلا تفطل توانائی کی ر اہمی، آلود گی ہے پاک ماحول اور مستقبل کے لیے پائیدار توانائی کے نظام کو ممکن بتار ہی ہے۔

تقریب کے اختتام پر وائس چانسلر نے پروفیسر ڈاکٹر میاں غلام پاسین کو سووینئز اور ٹیم ممبر ان کو تعریفی اساد پیش کیں، اور امید ظاہر کی کہ میں بونیور سٹی خُودا محصاری کے مزید منصوبے بھی شر وع کرے گی۔







CHIEF EDITOR

HASSAN RAZA

#### NEWSLETTER TEAM

CONTENT WRITERS AYESHA KIRAN, NATASHA MUNIR

M.FARRUKH CHAUHAN

GRAPHIC DESIGNERS

**PHOTOGRAPHERS** TAYYAB REHMAN

PROF. DR. QAISAR ABBAS PUBLISHERS UNIVERSITY OF SARGODHA

PATRON-IN-CHIEF

MDC&UOS.EDU.PK

PUBLICATIONS@UOS.EDU.PK

PRINTERS EJAZ ENTERPRISES

#### Delegation of VCs Lauds Facilities and Progress



A delegation of Vice Chancellors from leading universities across Pakistan visited campus and held a meeting with Vice Chancellor Prof. Dr. Qaisar Abbas. The delegation was comprised of Prof. Dr. Aqif Anwar Chaudhary (University of Education), Prof. Dr. Muhammad Inayatullah Khan (UET Taxila), Prof. Dr. Sajjad Mubin (Universi-



ty of Okara), and Prof. Dr. Zahoor ul Haq (University of Gujrat). During the visit, Prof. Dr. Qaisar Abbas briefed the guests on ongoing academic and research programs, emphasizing their alignment with market demands and industry needs to foster economic and social development. The visiting vice chancellors praised the



remarkable progress achieved in the past two years, noting the tangible benefits for students and faculty alike.

The delegation also explored the campus, expressing appreciation for its state-of-the-art infrastructure, modern cafeterias, and extensive facilities that reflect a student-centered learning environment.



#### Civil Services Academy Delegation Visits UoS

A delegation of 62 probationary officers from the Civil Services Academy Lahore, accompanied by two instructors, visited the University of Sargodha as part of a study tour and met with Vice Chancellor Prof. Dr. Qaisar Abbas.

Prof. Dr. Qaisar Abbas briefed the delegation on the university's educational, research, and developmental initiatives, highlighting innovative projects under the Public-Private Partnership model. He shared details of the Solar Energy Project, the commercialization of Khush Aab Water, the establishment of modern cafeterias under the BOT model, and the Waheed Wain Incubation Center, which promotes student entrepreneurship. He also underscored partnerships with national and international institutions and emphasized the university's commitment to regional development through community service.

Following the session, the delegation explored key facilities including the Waheed Wain Incubation Center, Wazir Agha Library, the modern gym, cafeterias, and various academic departments, gaining firsthand insight into the university's modern infrastructure and student-centered initiatives.

# Additional Secretary for Universities Applauds UoS for Progressive Vision



Mrs. Zahida Azher, Additional Secretary for Universities, Higher Education Department Punjab, attended the Syndicate meeting of the University of Sargodha, chaired by Vice Chancellor Prof. Dr. Qaisar Abbas.

During her visit, Mrs. Zahida Azher toured several key facilities, including the Waheed Wain Incubation Center, Wazir Agha Library, University Web TV, cafeterias, and the gymnasium. She expressed her appreciation for the innovative projects and ideas being implemented at UoS, remarking that such initiatives reflect the university's progressive vision and commitment to excellence.

Prof. Dr. Qaisar Abbas briefed her on the institution's recent academic and infrastructural developments, with a particular focus on fostering entrepreneurship, advancing research, and enhancing student welfare. He also highlighted the university's efforts to align its programs with market demands and promote community engagement.

Mrs. Zahida Azher lauded the dedication of the administration and faculty, assuring her continued support in strengthening higher education initiatives at the provincial level. She emphasized the importance of sustaining such forward-looking projects, which contribute significantly to student growth and institutional progress.







#### Jamdani Weaving Seminar Highlights Shared Textile Heritage



A seminar on the scope of traditional textiles in the contemporary world, with a focus on Jamdani weaving, was hosted on campus. His Excellency Mr. Md. Iqbal Hussain Khan, High Commissioner of Bangladesh in Pakistan, attended as keynote speaker. He described Jamdani as the "Pride of Bengal" and emphasized its cultural, historical, and commercial significance.

The event also featured addresses from Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin, Prof. Dr. Ahmad Raza Bilal, Director ORIC, and Khawaja Yasir Qayyum, President of the Sargodha Chamber of Commerce and Industry. Speakers highlighted the shared cultural ties between Pakistan and Bangladesh and stressed the need for stronger collaborations in the textile sector through trade, research, and student exchange programs.

#### **Key Points**

- Preserve Jamdani weaving as a UNESCO-recognized heritage and promote handmade textiles for their enduring global demand.
- Strengthen Pakistan-Bangladesh relations through textile industry partnerships, student exchange programs, and joint trade initiatives.
- Foster university-level collaborations to advance textile research, innovation, and academic cooperation.
- Learn from Bangladesh's success in textile exports while complementing the strengths of both countries' textile sectors.
- Build stronger trade relationships to enhance productivity and contribute to regional economic growth.







#### Seminar Highlights Universities' Role in Good Governance



A seminar titled Role of Educational Institutions in Good Governance was organized to explore how universities contribute to promoting accountability, integrity, and ethical practices in society. Brig Babar Ala-ud-Din (R), Sitara-e-Imtiaz (Military) and Chairperson of the Chief Minister Complaint Cell Inspection Team, attended as chief guest. Vice Chancellor Prof. Dr. Qaisar Abbas, Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin, deans, faculty members, and students were also present.

Brig Babar Ala-ud-Din (R) emphasized that universities are not only centers of knowledge but also play a vital role in instilling fairness, honesty, and responsibility among students. He underlined the need for youth to uphold accountability and integrity, while also encouraging constructive use of social media to raise awareness and promote ethical behavior.

Vice Chancellor Prof. Dr. Qaisar Abbas stressed that the goal of education is to empower students with critical thinking and a strong sense of ethical responsibility, preparing them to contribute meaningfully to society. Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin added that universities must set an example by practicing inclusivity and integrity within their own systems to inspire others and contribute to national progress.







#### Key Points

- Universities must act as centers of knowledge and responsibility, instilling honesty, accountability, and ethical values in students.
- Youth should take active roles in addressing societal challenges, as their decisions today will shape governance standards of tomorrow.
- Constructive use of social media can be a powerful tool to spread awareness and promote ethical practices
- Education should focus on critical thinking, creativity, and ethical responsibility to ensure meaningful contributions to society.
- Institutions must lead by example through integrity and inclusivity in their own systems, setting standards for broader national progress.

#### Capstone Project Poster Competition Showcases Innovation



he Department of Computer Science organized a Capstone Project Poster Competition where students presented innovative projects in Artificial Intelligence, Medical Image Processing, and E-Commerce Applications. The event provided a platform for students to translate academic knowledge into creative solutions for real-world challenges.

The competition was inaugurated by Vice Chancellor Prof. Dr. Qaisar Abbas, who commended students' hard work and urged them to commercialize their projects to foster technological entrepreneurship.







Dean Faculty of Computing and Information Technology Prof. Dr. Muhammad Ilyas, Chairman Department of Computer Science Dr. Hafiz Muhammad Faisal Shehzad, faculty members, and students attended the event. A distinguished panel of judges, including Mr. Naveed Sharif from the Institute of Art and Design and Miss Khansa Saleem from the Department of Computer Science, evaluated the projects and provided constructive feedback.

Cash prizes were awarded to the best projects, recognizing students' creativity and commitment. The competition reinforced a culture of innovation, excellence, and industry-driven research.



## Media Extravaganza Showcases Student Innovation and Entrepreneurship

The Department of Communication and Media Studies hosted a lively Media Extravaganza designed to promote an entrepreneurial culture among students and inspire them to become job creators.

Inaugurating the event, Vice Chancellor Prof. Dr. Qaisar Abbas emphasized the importance of innovation and entrepreneurship in shaping the future. A large number of students, faculty, staff, and business professionals explored student-led projects spanning technology, e-commerce, aviation, food, cosmetics, and other product lines. Digital media marketing and advanced technologies were also effectively integrated into the business concepts.

Prof. Dr. Qaisar Abbas announced the establishment of a 200 million PKR Venture Fund to support viable student business ideas, reflecting the University's commitment to empowering students with both resources and mentorship.

The exhibition provided a platform for young innovators to showcase their creativity, gain exposure to industry experts, and receive valuable feedback, reaffirming the University's vision of fostering innovation, entrepreneurship, and sustainable growth.





#### Awareness Walk Promotes Road Safety



The Department of Communication and Media Studies organized an awareness walk on road safety as part of a project under Development Communication, supervised by Ms. Ayesha Kiran. The walk aimed to highlight the importance of following traffic rules for ensuring safety and protecting lives.

Faculty members, students, and staff actively participated in the activity, carrying messages to spread awareness about responsible road use. Speakers at the event emphasized that adherence to traffic rules not only prevents accidents but also contributes to building a safer society.

The initiative reflected the department's commitment to raising social awareness and instilling civic responsibility among students, making them active contributors to community well-being.

## UoS Celebrates Chinese New Year 2025 to Strengthen Pak-China Ties



The University of Sargodha (UoS) celebrated the Chinese New Year 2025 with great enthusiasm, highlighting the spirit of Pak-China friendship and fostering academic and cultural exchange. The event was jointly organized by the Pakistan Institute of China Studies (PICS) and the Confucius Institute at UoS.

The ceremony was graced by Deputy Consul General Mr. Cao Ke and Vice Consul General Mr. Wang Yaqiang from China, who were warmly welcomed by Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin, Host Director of Confucius Institute Dr. Muhammad Irfan, and senior faculty and administrative staff.

During the visit, the distinguished guests toured university facilities, interacted with faculty and students, and lauded the efforts of PICS and the Confucius Institute in strengthening cultural and educational collaboration between Pakistan and China.

Addressing the ceremony, Mr. Cao Ke praised UoS's commitment to academic partnerships and assured continued support for future initiatives. Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin highlighted the deep-rooted loyalty and mutual respect between the two nations, describing cultural exchanges as a key pillar of their enduring bond.

On the occasion, Mr. Cao Ke distributed HSK Test Certificates, awarded prizes to winners of the Chinese Bridge Competition, and presented Consulate General Scholarships to UoS students.

Adding vibrancy to the event, students of the Chinese Language Course performed national anthems of both countries, sang Chinese songs, showcased a cultural dress show, and presented the "China-Pakistan Friendship Song," creating a lively atmosphere that celebrated the shared values of friendship and cooperation.







# U.S. Consul General Visits Campus to Explore Academic Collaborations





U.S. Consul General in Lahore, Kristin K. Hawkins, visited the campus where she was warmly received by Vice Chancellor Prof. Dr. Qaisar Abbas and Director of External Linkages Prof. Dr. Ijaz Asghar Bhatti.

During the visit, the Vice Chancellor briefed her on the university's academic programs, research initiatives, and infrastructural projects, highlighting its role as the region's premier educational institution serving over 25,000 students. He also emphasized the university's focus on fostering innovation through its incubation center and proposed U.S. support for GRE preparation and expanded academic outreach with American institutions.

Consul General Hawkins appreciated the opportunity to learn about the university's contributions in promoting innovation and student engagement. She also toured the Lincoln Corner and Waheed Wain Incubation Center, where she interacted with students in an engaging session on education, leadership, and global collaboration.

Prof. Dr. Ijaz Asghar Bhatti acknowledged the support of the U.S. Consulate, noting that Lincoln Corner has become a hub of intellectual growth and international exposure. He reaffirmed the university's commitment to advancing research, innovation, and global partnerships to ensure students benefit from world-class opportunities.

#### U.S. Consulate Officer Applauds UoS for Promoting Youth Initiatives

Ms. Raquel J. King-Nicudemus, Public Diplomacy Officer from the U.S. Consulate in Lahore, visited the University of Sargodha and engaged with students, faculty, and incubatees across various academic and entrepreneurial platforms.

During her visit, she explored the Business Incubation Center (BIC), where she interacted with student entrepreneurs and commended their innovative projects. She also met faculty members from the NBS, DLLS, and Department of English, exchanging ideas on academic collaboration and capacity building.

At the Lincoln Corner, Ms. Raquel met with Faculty of Coordinators (FOCs) and U.S. alumni, while also distributed certificates to successful participants of different training programs. She commended the efforts of the University leadership in facilitating students through training, incubation, and international exposure, and reaffirmed the U.S. Consulate's commitment to strengthening ties with UoS in similar initiatives.





#### **Empowering Administrative Excellence at UoS**

The Human Resource Development Center (HRDC), University of Sargodha has been actively engaged in a series of professional development workshops designed to enhance the skills, leadership abilities, and coordination capacities of the university's academic and administrative staff. Heads of departments, administrative officers, and departmental coordinators enthusiastically participated in several workshops held under different themes between January and March 2025.

A two-day workshop titled Future Ready Leadership concluded in mid-January, aimed at equipping Grade 17–18 administrative officers with modern tools and strategies for organizational excellence. Pro Vice Chancellor, Prof. Dr. Mian Ghulam Yasin, graced the closing ceremony, emphasizing that such initiatives not only improve skills but also significantly uplift the overall performance of the university. Key sessions included discussions on leading change, continuous process improvement, and financial management, with experts highlighting the importance of consistent, small improvements and prudent financial planning in sustaining institutional growth.

Earlier in January, HRDC launched the third phase of its training series with a two-day program for administrative officers that focused on leadership, change management, systems thinking, and stress management. The sessions, led by Consultant Khursheed Yousuf and Dr. Saira Khan, drove home the value of holistic problem-solving, resilience, and work-life balance in a demanding workplace environment. More than 40 officers benefited from practical insights and interactive discussions, reflecting the university's commitment to nurturing well-rounded administrators.

Another significant event, held in early January, centered on organizational excellence and concluded with Vice Chancellor Prof. Dr. Qaisar Abbas distributing certificates among 50 participants. The workshop highlighted quality assurance, governance, transparency, and continuous process improvement. Eminent speakers such as Prof. Dr. Uzma Ashiq, Dr. Haris Aziz, Dr. Imran Ghafoor, and Consultant Khursheed Yousuf engaged participants in thought-provoking sessions on accountability, ethical practices, and adherence to institutional policies. The Vice Chancellor appreciated HRDC's role in fostering a culture of excellence and encouraged participants to apply their learning in day-to-day responsibilities.

In late February, HRDC conducted a workshop titled The Power of Effective Coordination for departmental coordinators, focusing on team management, interdepartmental collaboration, and the use of technolo-









#### **Shaping Leaders, Strengthening Institutions**









gy for efficiency. Sessions led by Dr. Uzma Shahzadi, Ishtiaq Ahmad, Prof. Dr. Ahmad Raza Bilal, and Dr. Imran Ghafoor emphasized academic administration, digital platforms, quality assurance, and financial management. Dr. Rehana Ilyas provided a detailed lecture on examination processes, rules, and regulations, highlighting best practices for conducting fair and transparent assessments. In his address at the closing ceremony, Vice Chancellor Prof. Dr. Qaisar Abbas described departmental coordinators as the backbone of institutional success and underscored their critical role in ensuring smooth functioning across faculties and administrative units.

Simultaneously, a workshop titled Leading with Purpose: Beyond Management was organized for deans, directors, principals, and chairpersons. The program provided a platform to reflect on transformational leadership, emotional intelligence, mindfulness, and the effective use of technology. Distinguished speakers including Prof. Dr. Muhammad Rizwan, Mirza Masood Baig, Consultant Khursheed Yousuf, Dr. Fayyaz ur Rehman, and Prof. Dr. Muham-Yousaf Bashir engaged participants in wide-ranging discussions that combined theory with practical strategies for leadership in higher education. During the concluding session, Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin highlighted the significance of transformational leadership in guiding universities through modern challenges.

Throughout these workshops, HRDC maintained its emphasis on aligning professional development with institutional goals. Stress management, systemic thinking, quality assurance, governance, and financial prudence emerged as recurring themes, ensuring that participants received comprehensive exposure to both technical skills and leadership values. The inclusion of technology-focused lectures also underscored the university's forward-looking approach, preparing staff to leverage digital tools and platforms for improved coordination and academic delivery.

Collectively, these workshops brought together over 130 participants across different cadres of the university, creating a culture of shared learning, collaboration, and innovation. The presence of the Vice Chancellor and Pro Vice Chancellor at multiple sessions highlighted the administration's personal commitment to staff development and organizational excellence.

Participants left with not only enhanced professional knowledge but also a renewed sense of purpose, reflecting the University of Sargodha's dedication to building capacity, fostering leadership, and promoting a sustainable culture of continuous improvement.





**UoS**Celebrates

2025 Alumni Dinner The University of Sargodha hosted its inaugural Alumni Gala Dinner 2025, an extraordinary event that brought together graduates from across generations in a grand celebration of pride, unity, and achievement. Held for the first time in the university's 96-year history, the Gala provided alumni with a platform to reconnect, reminisce, and celebrate the remarkable transformation of their alma mater.

The event was attended by a large number of distinguished alumni, including renowned journalist and television anchor Sohail Warraich, senior journalist Habib Akram, former Secretary of Education Saleem Raniha, leading businessman and President of the Chamber of Commerce Khawaja Yasir Qayyum, and several entrepreneurs, educationists, and social leaders. Senior officials of the university also graced the occasion, reflecting the strong bond between the institution and its graduates.

Addressing the gathering, Vice Chancellor Prof. Dr. Qaisar Abbas highlighted the academic, research, and infrastructural progress made by the university in recent years. He shed light









on groundbreaking initiatives such as the Solar Energy Project, which has made the campus more sustainable and cost-effective. He proudly announced that UoS now has a thriving alumni network of over 450,000 graduates, with more than 20,000 officially registered. He also revealed the establishment of a dedicated Alumni Hall to strengthen connections with former students.

Prominent alumni shared heartfelt memories of their student days. Sohail Warraich praised the visionary leadership of the Vice Chancellor, crediting the university for shaping his career. Habib Akram described UoS as a beacon of educational excellence, while Khawaja Yasir Qayyum emphasized the institution's role in regional economic development. Their reflections underlined the pride and admiration felt by alumni towards their alma mater's journey.

The event concluded with Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin expressing gratitude to all alumni and reaffirming the university's commitment to making the Alumni Gala an annual tradition. The evening served not only as a celebration of shared memories but also as a reaffirmation of UoS's mission to continue inspiring future generations.



#### Workshop Explores the Neuroscience of Happiness



The Department of Psychology, in collaboration with the Counseling Centre, organized a workshop on the "Neuroscience of Happiness" to explore the scientific foundations of emotional well-being.

Dr. Rafiq Dar, Associate Professor at UOL, Lahore, and Global Head of Waxon Consultants (UK), conducted the session, highlighting the role of neuroscience in shaping human emotions. He explained how hormones such as dopamine and serotonin influence happiness and shared strategies for stress management, anxiety control, and mindfulness practices. Participants were also guided through interactive exercises designed to rewire the brain for positivity and cultivate long-term well-being.

Dr. Dar further introduced the services of Waxon Consultants, including free career counseling, university selection guidance, scholarship programs, and mentoring opportunities for UoS students.

In her concluding remarks, Prof. Dr. Najma Iqbal Malik, Chairperson of the Department of Psychology and Incharge of the Counseling Centre, appreciated the enthusiastic participation of students and faculty. She noted that the initiative reflects the university's commitment to fostering psychological well-being, resilience, and a positive academic environment.

#### **Key Points**

- Neuroscience plays a vital role in understanding and enhancing happiness.
- Positive suggestions, dopamine, and serotonin significantly impact emotional well-being.
- Mindfulness techniques and emotional regulation strategies help manage stress and anxiety.
- Practical exercises can rewire the brain for positivity.
- Waxon Consultants announced free career counseling and mentoring services for UoS students.
- Such initiatives promote resilience, happiness, and a healthy academic culture.





#### Promoting Humanitarian Spirit Through Blood Donation Initiatives



The University of Sargodha reaffirmed its commitment to social welfare by organizing two major blood donation initiatives aimed at supporting patients in need and fostering a culture of humanitarian service among students.

In collaboration with Noon Business School, Give Life Foundation, and Sundas Foundation, the University arranged a special blood donation camp dedicated to thalassemia patients. The camp was inaugurated by

Vice Chancellor Prof. Dr. Qaisar Abbas, who highlighted the moral and humanitarian duty of blood donation. He emphasized that saving one life is equivalent to saving all of humanity and encouraged faculty, staff, and students to actively participate in such noble causes.

The event witnessed an overwhelming response from students, who came forward to donate blood to support Thalassemia patients.

Alongside this, the University also hosted its annual Blood Group Checking and Donor Registration Camp, organized by the Blood Donation Society and the Directorate of Student Affairs.

Inaugurating the camp, the Vice Chancellor noted that the primary objective of the initiative was to instill a spirit of compassion, solidarity, and responsibility among students. He appreciated the youth of UoS for their consistent involvement in social welfare activities, urging more young people to contribute to blood donation campaigns to ensure timely availability of blood for patients in need.







## Students Advocate For Right To Self-determination In Indian-occupied Kashmir



The University of Sargodha observed Kashmir Day with a solidarity walk and an Urdu speech competition, reaffirming support for the Kashmiri people. The walk, organized by the Riaz Shad Co-Curricular Forum, was led by Vice Chancellor Prof. Dr. Qaisar Abbas and Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin. It began at the Noon Business School and concluded at Library Chowk, where students and faculty carried banners and placards inscribed with slogans such as "Kashmir will become Pakistan" and "We will fight for Kashmiri rights."







Addressing the participants, the Vice Chancellor said that Kashmir is not merely a territorial dispute but a pressing human rights issue that directly impacts the future of millions of Kashmiris. He emphasized that the University of Sargodha would continue to raise its voice for their right to self-determination.

The Pro Vice Chancellor noted that the Kashmir issue is not just a political matter but one deeply rooted in Pakistan's collective conscience. He stressed the moral and political responsibility to support the Kashmiri struggle for freedom and urged continued awareness efforts.

Alongside the walk, an Urdu speech competition titled "Kashmir is the Lifeline of Pakistan" was held, where students demonstrated their oratory skills. Outstanding performers were awarded in recognition of their efforts.







## UoS Celebrates Women's Day with Calls for Equality and Empowerment



The University of Sargodha marked International Women's Day with a seminar and awareness walk, focusing on women's rights, equal opportunities, and empowerment. The seminar was jointly organized by the
Women Development Center and the Department of Sociology and Criminology, where Vice Chancellor
Prof. Dr. Qaisar Abbas was commended for his leadership in promoting initiatives for female students. Pro
Vice Chancellor Prof. Dr. Mian Ghulam Yasin participated as the chief guest. Speaking at the seminar, the
Pro Vice Chancellor highlighted that women play a vital role in national progress when given equal opportunities. He called for collaborative efforts by governments, educational institutions, and the private sector
to expand educational and employment avenues for women through practical initiatives.





#### **Key Points**

- Girts' access to education should be expanded through more opportunities, scholarships, and support, particularly in underserved areas.
- Organizations must ensure equal employment opportunities by adopting gender-inclusive policies and providing women leadership roles across sectors.
- Skill development initiatives such as vocational training, entrepreneurship workshops, and incubation programs should be promoted to empower women economically.
- Awareness of legal rights must be strengthened alongside strict implementation of laws against workplace harassment and gender discrimination.
- Workplaces should be made safer and more inclusive through effective monitoring, reporting systems, and flexible work arrangements.
- Media and advocacy efforts should highlight women's achievements while encouraging men to actively support gender equality.





An awareness walk was also held in collaboration with the Department of Communication & Media Studies in which faculty, students, and staff carrying placards advocating for gender equality, workplace safety, and empowerment participated. The event stressed the importance of addressing challenges such as limited access to education, workplace discrimination, and gender inequality. The role of education and legal awareness was underlined as essential for ensuring women can fully exercise their rights.

Concluding the event, organizers applauded the university's efforts, including skill development programs, business incubation initiatives, and venture funds aimed at supporting women-led enterprises.

#### 500 Trees Planted Under ' Plant for Pakistan' Drive



The University of Sargodha has planted more than 500 trees under the Punjab Government's Plant for Pakistan Drive, reaffirming its commitment to reforestation and environmental sustainability. The campaign was inaugurated by Vice Chancellor Prof. Dr. Qaisar Abbas, who planted the first tree. Faculty, staff, and students, along with Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin, also participated in the activity.







A total of 520 trees of various species, including fruit and shade trees, were planted on the university premises. The plantation drive was geo-tagged and uploaded to the official Plant for Pakistan portal, in line with the Punjab Government and Higher Education Commission's environmental targets.

The university had earlier marked the International Day of Forests with another plantation campaign in which over 1,000 saplings were planted. The vice chancellor reiterated that such initiatives are part of the university's ongoing mission to support national efforts for combating climate change and building a greener Pakistan.





#### 1,000 Saplings Planted to Mark World Forest Day



The University of Sargodha observed the International Day of Forests with a large-scale tree plantation drive, awareness walk, and seminar, organized by the College of Agriculture in collaboration with WWF and the Prime Minister's Green Youth Movement Club. The event was inaugurated by Vice Chancellor Prof. Dr. Qaisar Abbas, who planted a sapling to launch the campaign. He stressed that tree plantation is both a national duty and a religious obligation, urging every individual to plant at least one tree annually to help combat pollution and climate change.





During the drive, 400 students from Beacon House School Sargodha actively participated and planted 1,000 saplings across 200 acres of land at the College of Agriculture. The initiative aimed to raise awareness about the importance of forests in addressing climate change, preserving biodiversity, and building a sustainable future. In his address, the Vice Chancellor emphasized that environmental conservation is not the responsibility of any single institution or government but a shared mission. He praised the enthusiasm of students and faculty and encouraged other educational institutions to follow suit.

The event concluded with a pledge by all participants to continue contributing to afforestation and environmental protection for future generations.







#### UoS Partners with Fitwell Hub to Establish Digital Clinic and Healthcare Hub



The University of Sargodha signed an Intent of Cooperation with Fitwell Hub to establish a student-led Digital Clinic and a Central Healthcare Hub on campus, marking a major step in integrating healthcare education with practical service delivery. The ceremony, held at the Vice Chancellor's Office Committee Room, was attended by Vice Chancellor Prof. Dr. Qaisar Abbas, Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin, Registrar Waqar Ahmed, deans, directors and administrative heads. From Fitwell Hub, Saeed Gul (Managing Director Pakistan), Habib Talib (Managing Director Sargodha), Muhammad Saleem (Chairman), Sunny Gul (CEO), and Adnan Bakhsh (COO) attended the event.

The initiative will provide students with training in healthcare management, business modeling, marketing, operations, and hands-on exposure to telehealth services. The collaboration also introduces a 3-in-1 Health Card Program for students, faculty, staff, and underserved communities, while satellite clinics across Punjab will extend outreach and accessibility.

Prof. Dr. Qaisar Abbas highlighted that the partnership reflects UoS's vision of empowering students with practical learning opportunities while ensuring affordable healthcare for the community. Saeed Gul expressed enthusiasm, calling it "a sustainable and innovative healthcare model that benefits both students and society."

#### UoS Partners with Give Life Foundation to Promote Health Awareness and Blood Donation

The University of Sargodha (UoS) has signed a Memorandum of Understanding (MoU) with the Give Life Foundation to collaborate on health awareness initiatives, blood donation drives, and community outreach projects.

The MoU was signed by Dr. Mahmood ut Hassan, Director Student Affairs, and Usman Haseeb, Founder of Give Life Foundation, in a ceremony attended by Vice Chancellor Prof. Dr. Qaisar Abbas, Dean Faculty of Sciences Prof. Dr. Aamir Ali, Dean Faculty of Pharmacy Prof. Dr. Usman Minhas, and Controller of Examinations Dr. Rehana Ilyas. Under this agreement, UoS and Give Life Foundation will work together to organize regular blood donation drives, conduct health awareness sessions, and arrange workshops and seminars on Thalassemia awareness. The collaboration also aims to build a sustainable



blood supply and initiate community outreach projects focusing on preventive healthcare.

As part of the partnership, the Give Life Foundation will provide UoS students with volunteer roles, training sessions, and internship opportunities, enabling them to gain hands-on experience in social services and community health initiatives. Speaking at the signing ceremony, Vice Chancellor Prof. Dr. Qaisar Abbas emphasized that the partnership would encourage a culture of health awareness and blood donation across the university and the wider community. Dr. Mahmood ul Hassan highlighted the university's commitment to fostering social responsibility among students, noting that such initiatives create meaningful opportunities for community service.

Usman Haseeb expressed his enthusiasm for the collaboration, stating that the joint efforts of UoS and Give Life Foundation would significantly contribute to promoting blood donation, health awareness, and Thalassemia prevention, creating a positive impact on society.

## UoS Signs Intent of Cooperation with University of Leicester



The University of Sargodha (UoS) has signed an Intent of Cooperation (IOC) with the University of Leicester, UK, to foster international academic and research collaboration.

Dr. Abdul Jabbar, Dean of Internationalization, University of Leicester, and Prof. Dr. Ijaz Asghar, Director of External Linkages, UoS, signed the IOC in the presence of Vice Chancellor Prof. Dr. Qaisar Abbas and Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin. The agreement paves the way for a wide-ranging partnership, including exchange programs for undergraduate, graduate, and doctoral students, social internships, and scientific research collaborations. It also encompasses exchange and training opportunities for faculty and administrative staff, alongside the development of joint degree programs and academic institutions.

Both universities also agreed to establish joint research laboratories and institutes, host lectures and symposiums, and collaborate on academic journal publications. This partnership is expected to strengthen academic ties, broaden research opportunities, and provide enriched learning experiences for students and faculty at both institutions.







## Khushab Mineral Water to be Launched Commercially

The University of Sargodha (UoS) has entered into an agreement with 6S Catering & General Order Suppliers for the commercial launch of Khushab Mineral Water, marking a groundbreaking step in public-sector universities' efforts toward innovation and financial sustainability. The signing ceremony was held at the university, where Vice Chancellor Prof. Dr. Qaisar Abbas, Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin, faculty heads, administrative staff, and representatives from 6S Catering participated. Under the partnership, UoS will provide its plant facilities, machinery, and on-campus infrastructure, while 6S Catering will oversee operations and marketing. The revenue generated from the project will be directed to the



university's endowment fund to support education, research, and welfare initiatives for students and staff. Speaking on the occasion, Prof. Dr. Qaisar Abbas described the project as a historic milestone, being the first of its kind in Pakistan's public-sector universities. He assured that the university had completed all necessary legal and procedural requirements, with a dedicated committee supervising the entire process. Pro Vice Chancellor Prof. Dr. Mian Ghulam Yasin highlighted the university's vision of integrating academics with practical ventures that serve both institutional development and community welfare. CEO of 6S Catering & General Order Suppliers, Mian Muhammad Sajid, expressed confidence in the success of Khushab Mineral Water and praised the initiative as a model of innovation and collaboration.

# Seminar Highlights Interdisciplinary Solutions to Climate Change



Prof. Dr. Najma Iqbal Malik, the Chairperson Department of Psychology, University of Sargodha has completed her fellowship titled as "Advanced Women's Leadership Program" awarded by Michigan State University, USA during May, 2022 to December 2023. As a Senior Fellow in this program, she attended a 2-week U.S Residency at MSU and 3-day Women Leadership Summit in Islamabad. She presented her project at the "Empowering Women Leaders' Summit" organized by Michigan State University College of Education and MSU VIPP and the Pakistan Higher Education Women Leadership Program 2022-2023, a transformative initiative, culminating in this summit.

The summit, held from October 7 to October 11, 2023, at Marriott Islamabad, brought together 26 senior leaders of Cohort 1, including Prof. Najma, along with 73 aspiring women leaders of Cohort 2. Prof. Najma's project, titled "Enhancement of Teacher's Leadership at Higher Education Institutes," aimed to nurture the capacity building of teachers through a comprehensive leadership program. Her project focused on enhancing the personal and professional skills of teachers, improving their emotional and psychological wellness, and implementing innovative teaching methods to foster creativity and critical thinking among students.

The summit highlighted the program's vision of redefining women's leadership scope and building synergies through global and local networks of women leaders in higher education. This two-year program, funded by the United States Department of State and the U.S. Embassy in Pakistan, has been instrumental in empowering women leaders and fostering inclusive leadership practices.







## UoS ORIC Holds Training Workshop on Intellectual Property Rights



The Office of Research, Innovation & Commercialization (ORIC), University of Sargodha (UoS), organized a one-day training workshop on Intellectual Property Rights (IPR) to enhance awareness among faculty members and postgraduate students about patents, copyrights, trademarks, and geographical indications, as well as the legal processes for IP registration in Pakistan and abroad. The event featured Ambassador (R) and Chairman of the Intellectual Property Organization (IPO), Farukh Amil, as the Keynote Speaker and Chief Guest, while Vice Chancellor Prof. Dr. Qaisar Abbas graced the occasion as the Guest of Honor.

In his keynote address, Farukh Amil emphasized the significance of research and product development in driving national economic growth. He encouraged students to embrace innovation, especially in startups related to agriculture, and underscored the importance of registering intellectual property to safeguard creative work. Drawing inspiration from Japan's innovation-driven progress, he urged Pakistani youth to adopt a similar mindset of resilience and development. Prof. Dr. Qaisar Abbas highlighted UoS's achievements in fostering innovation, noting that the university had successfully registered 36 patents in just one year. He also shared that UoS's state-of-the-art incubation center is supporting startups and guiding students and faculty in securing their intellectual property rights.

#### **Key Points**

- Conduct regular workshops, seminars, and training sessions on intellectual property rights at the university level.
- Motivate faculty and students to protect their research and innovations by filing patents both nationally and internationally.
- Learn from countries like Japan, where innovation and idea protection play a central role in development.
- Provide institutional support for filing patents, copyrights, trademarks, and Gls through ORIC and IPO collaborations.
- Use trademarks and geographical indications (GI) for branding local products and boosting exports.



